

**MOSAIC**

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**Collaborating Agencies:**

SUCCESS

Vancouver and Lower Mainland Multicultural Family Support Services Society

Women Against Violence Against Women

Asian Society for the Intervention of AIDS

Japanese Community Volunteer's Association

City of Vancouver Social Planning Department

North Shore Multicultural Society

Special thanks to Cst. Jim Patenaude of the Vancouver Police Department for providing background information on Safety Tips.

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Community Safety Branch



**safety tips**



mon-chan doll and layout by kaori kasai  
© 2003 kaori kasai  
<http://kaorikasai.com>

mon-chan's are carrying safety kit in the bag



1. Know where you are going - check bus/skytrain schedules and a map. Ask for directions before you go and how to get back home.

do you think you know about safety tips?

2. Do not carry a lot of cash (\$\$) use ATM interac bank card and do not tell or show anyone your pin#.

do you know which area is not safe?

3. Do not take short-cuts or dark roads or paths - stay on the main road where there are lots of people and lights.

4. Get a photo identification card done at driver services so you do not have to carry your passport. Keep your passport in a safe place like a rented bank deposit box.

5. Let people know your schedule - school timetables, work times, or social life activities so they will know if something is not right.



6. Do not leave your personal belongings alone on a bus or park bench, in a coffee shop, library, bus station or airport.

do you know about your rights?

7. Use a condom when having sex.

do you know about safer sex?

8. Go to parties or night club with a friend and do not leave your drinks alone. You can become a victim of date rape, or be sexually assaulted if a drug is put into your drinks.

let's talk about...

drugs, alcohol, what's next?



9. Carry a cell phone with speed dial to "911", personal alarm, penlight, or a whistle.

10. Notice what is around you when you are outside - look at the people, look for phone booths, public buildings, coffee shops as you walk. Walk tall with confidence.

#### Trust your feelings

"gut reactions" if you feel uncomfortable, unsafe, tense or scared listen to these feelings. Back off, make excuses, say 'no thank you' and leave quickly!!

#### Have people earn your trust.

Do not just trust someone because of their status or age. (for example - your school teachers, school counselors, tutors, employers, homestay or host parents). Take your time and judge for yourself if they can be trusted. Just because they have a title or authority or power or are older than you - does not mean you can trust them.



## You Have Rights While Staying in Canada

The right to get information and support when you ask for it.

The right to confidentiality when you disclose information - unless you are putting someone's life in danger.

The right to have an interpreter that speak your language - if you are reporting a crime to the police.

The right to be treated with courtesy, respect, and dignity.

The right to privacy in your homes, schools or within your relationships.

### Police

Emergencies: 911 - tell them which language you speak  
Non-emergencies - Vancouver police 604-717-3321

### Vancouver Crisis Centre

24-hr distress line: 604-872-3311

### Victim Link

1-800-563-0808

### MOSAIC Multicultural Victim Services Program

Helps multicultural victims of all crimes  
- men and women.  
Can make appropriate referrals in the community.  
Mondays - Fridays (9:00a.m. - 5p.m.)  
604-254-9626  
www.mosaicbc.com

### Vancouver and Lower Mainland Multicultural Family Support Services Society

Helps, multicultural victims of crime - women, children, and families who are experiencing violence in their relationships.  
Mondays - Fridays (9:00a.m.-5:00p.m.)  
604-436-1025  
mfss@amssa.bc.ca

### WAVAW

24-hr. crisis line: 604-255-6344  
Toll-free crisis line: 1-877-392-7583  
www.wavaw.ca

### A.S.I.A. (Asian Society for the Intervention of Aids)

604-669-5567  
www.asia.bc.ca

### SUCCESS

604-684-1628  
www.success.bc.ca

### North Shore Multicultural Society

604-988-2931

### Japanese Community Volunteer Association

(Tonari Gumi)  
604-687-2172  
www.jcva.bc.ca

### Korean Society of B.C. for Fraternity

604-255-3739

### Driver Service Centres (to get photo I.D.)

Vancouver RobsonSquare 254-800 Hornby Street  
Vancouver East 2750 Commercial Drive  
(for other areas look in the white pages of the phone book under ICBC Driver Services Centres)

### Translink (buses, skytrain and seabus)

Customer Service: 604-953-3333  
www.translink.bc.ca

### Tenants' Rights Action Coalition

tenant hotline in Vancouver: 604-255-0546  
tenant hotline outside Vancouver: 1-800-665-1185  
www.tenants.bc.ca

### Residency Tenancy Office

Vancouver: 604-660-3456  
Outside Vancouver: 1-800-665-8779

## Resources List for

let's talk about ...

drugs, alcohol, what's next..?



E.S.L. International Students